

C574R-13 RECUMBENT CYCLE

The SENZA™ Elite line encompasses our quality cardio products, integrated with premium technology and entertainment options that actively engages users by providing an intuitive workout experience that allows them to consume their entertainment, their way. The C574R-13 Recumbent Cycle features an easy step-through design for ease-of-access, adjustable seat and seat back, fingertip resistance controls, and an integrated 13-inch SENZA™ display.



KEY FEATURES

- 13-inch SENZA™ touchscreen
- Horizontal and backrest adjustments
- Contact HR sensors

TECHNICAL DETAILS	
Unit Weight	213.4 lbs / 97 kg
Dimensions (LxWxH)	67.9 x 26 x 55.3 in / 172.5 x 66 x 140.4 cm
Resistance	40 Levels
Power Requirements	120v; 60Hz / 220v; 50Hz
Plug Requirements	NEMA 5-15*
Max User Weight	450 lbs / 205 kg
Readouts	Level, Time, Distance, Calories, Speed, RPM, METS, Human Watts, Heart Rate
Workout Programs	Quickstart, Interval, Plateau, Fat Burn, SENZA™ Journey, Fitness Program, Heart Rate Programs
Features	Multi-point seat and backrest adjustment Step-through design Fingertip controls

TOUCHSCREEN TECHNICAL DETAILS	
Screen	TFT Backlit LED Capacitive Touchscreen w/ Anti-Glare
Resolution	1920 x 1080
Screen Size	13 in
Aspect Ratio	16:9
Operating System	Android 5.1.1
Contrast ratio	500:1
Processor	NXP Freescale I.MX6 Quad Core, 1GHz
Memory	32GB eMMC
Languages	English, Traditional Chinese, Simplified Chinese, Japanese, German
System Updates	Manual USB or Push (via Wi-fi opt-in)
Brightness	15 Adjustable Settings (300 cd/m2)
Viewing Angle	160° Vertical & Horizontal
Connectivity	Wi-fi (IEEE 802.11 a/b/g/n) LAN Ethernet (10/100Mbps)
Web Browsing	Closed browser, owner/operator determines web page availability
TV Support	ATSC / QAM(64,256) / NTSC DVBT / PAL / SECAM
Inputs	AV (CVBS) Coax
Readouts	Resistance, Stride length, Time, Heart rate, Distance, Calories, Strides per minute
Workout Programs	Manual, Random, Interval, Glute, Hill, Track, Fat Burn, Lifestyle, SENZA™ Journey, Heart Rate, Fitness Programs, 5K Trainer
Features	Bluetooth 4.0 heart rate support Bluetooth-AVRCP iOS & Android music compatible Customizable home screen logo, embedded url on home screen, screen saver images & web pages 6 SENZA™ Journeys