

C521M

RECUMBENT CYCLE

Semi-recumbent positioning, extreme comfort and many pedaling options make the C521M a perfect choice for multiple patient types, especially for those with knee and hip ROM limitations.

KEY FEATURES

- Bi-directional pedaling for better flexibility and rehab variations
- Adjustable cranks to vary pedal rotation for one or both sides
- Reclining seat back and pivoting arm rests for ultimate fit and comfort
- Cool mesh seat back with lumbar pouch for heat and cold pack therapy
- Ultra low start up resistance for infirm or deconditioned users



TECHNICAL DETAILS

Unit Weight	183 lbs / 83 kg
Dimensions (LxWxH)	67 x 26 x 50 in / 170 x 66 x 127 cm
Resistance	20 levels with 0.1 increments
Max User Weight	450 lbs / 205 kg
Power Requirements	15A / 120V AC / grounded
Readouts	Workout Level, Calories, Time, RPM, Distance, METs, Watts, Speed, Heart Rate, Target Heart Rate
Workout Programs	Hill, Custom Interval, Manual, Track, Random, Cardio/Weight Loss HRC, Custom HR, Iso Kinetic, Iso Strength, 4 User IDs
Features	Step-through design Bi-directional resistance Fold up arm rests Adjustable cranks 4 bar seat carriage pivots Resistance range in watts
Optional Features	Therapeutic Pedal Equipment mat: 2.5' x 5' Heart rate chest strap

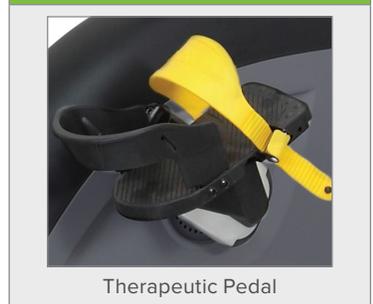
WARRANTY

Type	Full Commercial - no usage limit
Frame	Lifetime
Parts	5 Years*
Wear Items	2 Years
Labor	3 Years*

CONSOLE



OPTIONAL FEATURES



SPECIAL FEATURES

