January 2020 LURITEO MONTHLY























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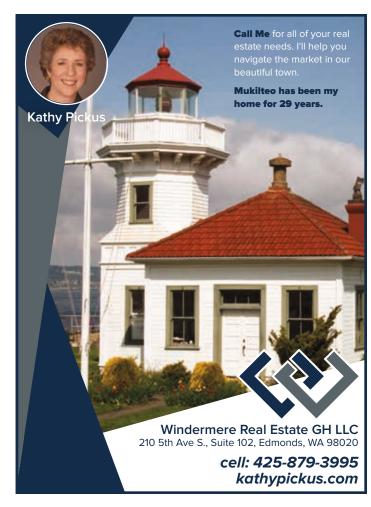
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We are always looking for residents to find great stories and send us ideas. Let's celebrate the great things happening in our community! No contribution is too small. Please email **Lindsay.Rucker@n2pub.com** with your pictures, suggestions or requests.





This section has been created to give you easier access when searching for a trusted neighborhood vendor to use. Take a minute to familiarize yourself with the businesses sponsoring *Mukilteo Monthly*. These local businesses are proud to partner with you and make this magazine possible. Please support these businesses and thank them for supporting *Mukilteo Monthly*!

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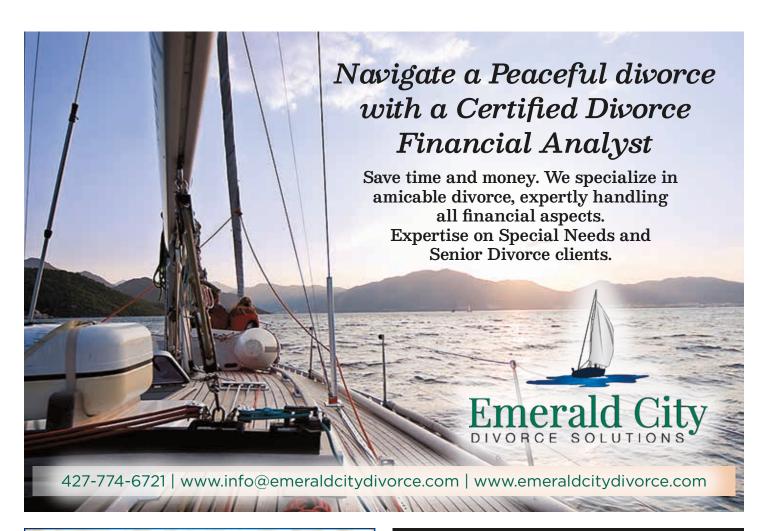
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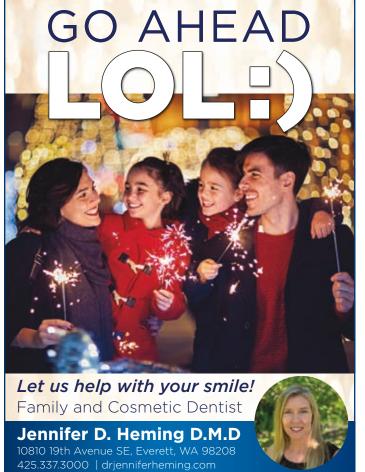
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meet the MUKIITEO MONTHLY

Greetings, Mukilteo Residents!

Happy New Year! We hope that all your goals and resolutions for the year ahead are realized, and say a fond farewell to 2019 and all of the wonderful stories we were able to share with you. While the holidays brought fun times with family and friends, the new year always brings a sense of renewal and is often the push many of us need to go forth and conquer those dreams we've been putting off. To help inspire you, we offer a recap of all the amazing things your friends and neighbors accomplished this past year, and bring you a few new articles as well.

We couldn't come up with all this content without your help, so if you would like us to consider your idea or suggestion, email Jodi at Mukilteo_content@n2pub.com and tell us about it!

Our Sponsor Spotlight this month is on Quality Fitness Mukilteo, which is fitting since most of us have on our list of resolutions getting in better shape for the year ahead! This privately-owned gym offers a range of equipment and classes to choose from, so you can do your own thing or work alongside others in a group setting. You will love being a part of this gym family, so go check it out!

We want to thank all of our wonderful sponsors who enable us to deliver this publication to you for FREE each month, and encourage you to consider them first if you are in need of a service. Even a quick mention that you saw their ad in Mukilteo Monthly reinforces that their advertising dollars aren't going to waste and keeps this publication coming to your mailbox. If you have a business that you want your neighbors to know about, reach out to us and tell us about your experience with them!

See you next month!

Lindsay Rucker and Shea Robinson, Publishers of Mukilteo Monthly





























Thank you to Kristin Boudon Photography & Eastern Sky Photography for our 2019 cover shots!

Headlines of 2019!

"Alone, we can do so little; together, we can do so much."

– Helen Keller



December 2019 - The Mukilteo Post Office team is ready to get all of your holiday packages where they need to go. (L to R) Jacob Seek, Amber Harrison, Karen Nicholson, Timothy Lawrence, Karla Lawson.



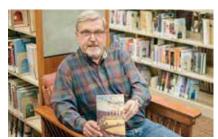
June 2019 - Mukilteo Elementary's ribbon cutting ceremony for its Forest Conservation Project (MEco Outdoor Classroom). Each link of the chain had a name representing everyone involved in the project.



June 2019 - MEco Outdoor Classroom tour guides/Voice Group Leaders stand in front of the rain barrel irrigation system designed by Eagle Scouts Jack McManis and Jared Collinge.



December 2019 - Karla Lawson is set to retire on February 28, 2020 after 29 years at the post office. Wishing her well!



September 2019 - Three local authors. Art Krull, Highjacked: A Critical Change of Plans. Art was a pilot of the Delta L1011 flight that was highjacked to Cuba in 1980. This true story details the events of the highjacking



June 2019 - The MEco Outdoor Classroom amphitheater is a great place for teachers to instruct their students.



September 2019 - Three local authors. Tricia Perez, Stage Fright. This children's book empowers young readers to grow beyond fear and hard work to achieve big accomplishments.



September 2019 - Three local authors. Karen Koenig, Woman On Top: How To Win In A Woman's Way. Karen spent her career in male-dominated industries. The book outlines how to succeed in male-dominated industries as a female



July 2019 - Meet Jerry Bush of Mukilteo-based University Mechanical Contractors, Inc. (UMC). He has also started the UMC Charitable Foundation whose goal is to support a variety of causes, particularly those affecting children, as well as those that are close to the hearts of UMC employees and clients.



October 2019 - Andre Lannertone of Gracie Ju Jitsu, a local nonprofit that teaches the Bully Proof method to kids: Talk, Tell & Tackle.



July 2019 - (from left to right) Jerry Bush, Stephanie Vogt, Martin Clinton, Bob Frey & Dale Stone.



November 2019 - The Haupt family of Mukilteo are raising their second guide dog, Nadal. Nadal is being trained for the Guide Dog for the Blind organization.



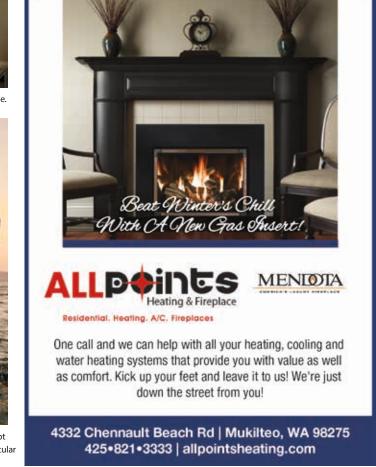
November 2019 - Charlotte Haupt and Nadal are enjoying a spectacular view of the Mukilteo ferry.



October 2019 - Students are performing warm up exercises during their Bully Proof class at Gracie Ju Jitsu.



August 2019 - Rachel & Dan Kittle and some of their Leadership Launch students. The program is for students in the Mukilteo School District. The goal is to empower, equip & engage student leaders from a place of equity. This year they will have their first full class of 25 freshmen.





May 2019 - Tristan Beck, the epitome of brave! He had a long road to recovery after a dog attack left him with a missing nose.



April 2019 - Jody Mahoney & Finnegan, a Certified Therapy Team. They travel to Providence Hospital and Mukilteo Memory Care in hopes of bringing happiness to everyone they meet.



May 2019 - Tristan during his surgical procedures on his nose. He endured multiple surgeries and procedures over a 11-month period.



May 2019 - Tristan Beck during one of his many procedures.



April 2019 - Finnegan, registered Therapy Team dog. He also has his Canine Good Citizen certification (prerequisite for team certification).



March 2019 - Colt Davis, Mukilteo PD sergeant, his wife, Chamari, and their children Xander (9), Hudson and Austyn (11).



March 2019 - Meet Hudson Davis, born into the MPD ranks.



February 2019 - It was fitting to do our first cover story on the Mukilteo Historical Society featuring the beautiful Lighthouse Park.



February 2019 - Members of the Mukilteo Historical Society, the purveyors of all things Mukilteo.





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New Year New Beginning



resolutions for your New Year?

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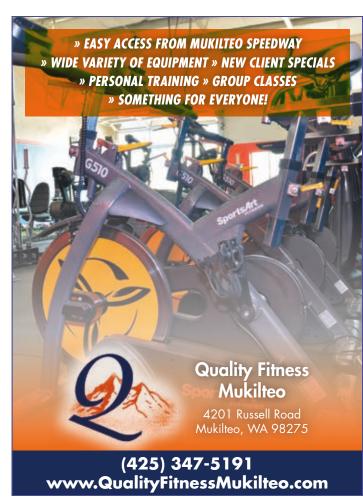
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kids corner

Thank you to all of the contributing photographers in 2019!

THE AMAZING KIDS OF 2019!

"The more that you read, the more things you will know. The more that you learn, the more places you'll go."

– Dr. Seuss



We are looking for kids to feature in 2020! Please email $mukilteo_content@n2pub.com \ with \ suggestions.$

July 2019 - A local team of Girls on the Run of Snohomish County.



July 2019 - Girls on the Run of Snohomish County practice for the big race.



October 2019 - Sadie was diagnosed with Medulloblastoma (brain cancer). Update: Good news, as of November, Sadie is responding well to treatment!



October 2019 - Sadie and her mom, Erin enjoy a laugh at Children's Hospital in Seattle.



May 2019 - The Kamiak and the Mariner Unified Basketball teams compete to a finish.



May 2019 - Unified Basketball team members. The program was started by Georgia McClaskey of Kamiak five years ago.



December 2019 - Kara Toves,

Kamiak senior, is lending her experience to Hope Holiday and the Volunteers of America.

April 2019 - Kylee Carlson, 12, is

a level 8 gymnast from Mukilteo.

at Leading Edge Gymnastics

Academy (LEGA).

She trains for 20+ hours per week

December 2019 - Kamiak

students plot out Hope

Holiday 2019.

May 2019 - The Kamiak Unified Basketball Team places second in the Washington State Special



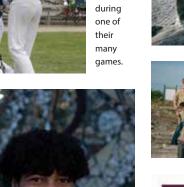
April 2019 - Mukilteo gymnast, Kylee Carlson, takes 1st place All Around at the Seattle Open Meet.



were 60 strong during the 2019 season and have teams for 12u, 11u, 10u, 9u and 8u.



Mukilted one o their many



March 2019 - Sargun Handa, teen reporter and local author, celebrates a book she coauthored, 20 Beautiful Women.



June 2019 - Zachery Graham was named Mukilteo Boys & Girls Club Youth of the Year.



June 2019 - The Snohomish County Youth of the Year group for 2019, including Zachery Graham of Mukilteo.



November 2019 - Kreston Govertsen & Jacob Poissant look at cancer survivors stories at Fred Hutch.



Kreston Goverertsen present a check for \$1500 to Fred Hutch, the result of their fundraising efforts.



August 2019 -**Mukilteo Scouts** BSA troop 189 nerform an American flag the Lighthouse



August 2019 -Mukilteo Scouts BSA Troop 189 are at the Lighthouse Park for a American





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September 2019 - Emma Barrett and Tyler Karabach of the Mukilteo All Stars 9-11s team took 2nd place at the State Championship. Their little sisters are both in the 8-10s All Star team.



September 2019 - Riley Karabach and Maddy Barrett were on the Mukilteo All Stars team that brought home 1st in the State Championship. Their older sisters were also at state and placed 2nd.

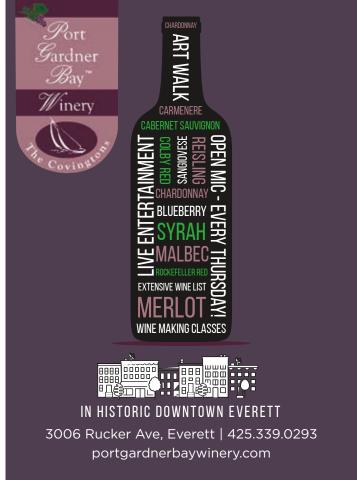


September 2019



September 2019





mukilteo history

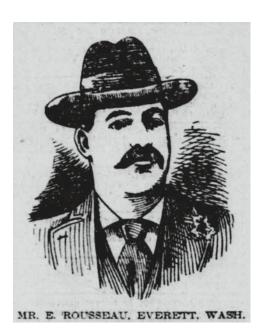
Submitted By: Margaret Summitt, Mukilteo Historical Society

The Notorious ELI ROUSSEAU

When Eli Rousseau changed his residence from Everett to Mukilteo in 1909, he told a newspaper reporter that he was coming to Mukilteo, where he already owned property, to retire. This announcement was made philosophically, as Eli and the reporter were watching his whorehouse burn down. Furniture from the Windmill House at the corner of Nassau and California streets was being thrown from the windows. Rousseau, at that time, owned a waterfront parcel near where the Losvar Apartments are now, and a small farm and apple orchard just south of the Pioneer Cemetery.

Retirement for Rousseau did not mean changing his ways. Born in Quebec in 1849, Eli, also known as "French Joe" Rousseau, had come to the United States at the age of 8, mined as a teenager in Michigan, and worked his way west. Along the way he never formally applied for U.S. citizenship, which was to bite him later. He was in Butte, Montana in the 1880s. He came to Seattle about 1890 and began presenting the public face of a real estate dealer and small farmer. Privately, he was involved in crooked dealings. In 1904, Using an alias, he persuaded a Snohomish couple to sell their property to him by posing as a lumber mill developer from Michigan. He then turned around and sold it to their neighbor, who had arranged the whole deal. Charged and convicted of fraud, Rousseau appealed on a technicality and lost, a pattern that was to be repeated every time he was hauled into court.

Together with his madam, Rosa Kennedy (who is buried under the alias Beatrice DeRosier in the Pioneer Cemetery), Rousseau established the Windmill House on the bay side of Everett. I imagine that her name was changed when the pair moved to Mukilteo. Unexpectedly, however, Snohomish County voted dry in a 1910 local election, and Rousseau found himself again on the wrong side of the law, as liquor sales had always been a major part of his business. His evasion was to brew hard



apple cider from the orchard on his property, then sell it by the drink to couples who could stay overnight on the property provided they signed a statement that they were married. Rousseau's unpaid "housekeeper" made these transactions and received \$25 for every couple she registered.

Prohibition and the spirit of reform brought Rousseau to ground. He was indicted on a charge of moral turpitude in 1920 and, apparently to raise money as much as to visit family, he made a trip back east while on probation. Hearing from his attorney that he had lost his appeal, he made the mistake of traveling to Canada and when his train was crossing the border back into the U.S., was arrested and thrown into federal prison at Walla Walla. Rousseau could not prove that he was a U.S. citizen. After another extended period of appeals, the U.S. government ordered Rousseau deported in 1921. From there he disappeared into an extended retirement.

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making a difference

Written By: Ken Salem, Director of Development

Mukilteo Boys & Girls Club

Hello to New Changes for 2020

Club Update

As we head into 2020, the Mukilteo Boys & Girls Club has an active and fun line up of programs for our Mukilteo youth. We want to officially welcome the club's new Unit Director, Kim Gaffney, who joins the Mukilteo Club with previous youth development work and recent experience at Kamiak High School. But first we wanted to take a quick look back at some fall and winter highlights.

Fall is always a busy time at the club and 2019 was no different. Along with the club's own Fall Festival activities, club staff also supported the Rosehill Community Center's Boo Bash event where they manned an event booth and helped create a fun and safe Halloween for youth in Mukilteo.

Holiday activities provided wonderful opportunities for community partners to get to know the club's staff and great kids who attend





Logan Marson, Kamiak Freshman and long-time club member. Logan volunteers 20 hours/month at the Club.





Club employees man a station during

Rosehill's Boo Bash

Activities at Rosehill's Boo Bash

came again from Microsoft and the Microsoft Giving Tree program, which helped to provide holiday gifts for the 300 plus youth who attend each day.

Each year there are many volunteers who step up to make a true impact on the kids. Jacob Hiatt is one such individual who has been coaching Flag Football at the club for many years. Jacob always goes the extra mile and coaches multiple teams in both the fall and spring. He sets a wonderful example for club youth who benefit tremendously from his leadership, friendship, and mentorship. Coach Hiatt helps keep the community informed by making entertaining game-time videos for parents and kids to enjoy (search YouTube Coach Hiatt).

With the new Teen Center in full operation, the MBGC has seen rapid growth in their middle school and high school membership. Logan Marson is a freshman at Kamiak High School and one of our regular teen members who has been attending the club since his elementary school days. Logan is an exemplary young man who devotes upwards of 20 hours per month volunteering at the club mentoring the younger members and pitching in wherever necessary. He is an outstanding example of one of our young people giving back to his community. Way to go Logan!

Athletic Director, Tevyn Stevenson, is currently taking enrollment forms for the upcoming NFL Flag Football spring season, a co-ed program offered to ages 5 through 14 with a separate high school division. If you have any questions for Tevyn, stop by the club or give him a call. Winter basketball for kids in grades K-12 is in full swing and going well for all our teams, with the season expected to run through March. Your NFL Flag Football registration and/or membership forms can be dropped off with payment at the Mukilteo Boys & Girls Club, 1134 2nd St., Mukilteo, WA 98275. If you are already a member of the club, you may register and pay with credit card by phone: (425) 355-2773 (Mon-Fri, 12 p.m. - 8 p.m.).

For more information visit BGCSC.org, imaginemukilteo.org or call 425.355.2773.

save the date

HORS D'OEUVRES AT



Date: Wednesday, January 15th, 2020 Time: 6 p.m.

Where: Sage & Cinder, 613 5th Street, Mukilteo, WA 98275

Come out for a delicious evening at Sage & Cinder. They will be providing complimentary Hors d'oeuvres to everyone on our guest list. Come try a sampler of what they have to offer while also meeting other Mukilteo community residents. Drinks are on your own accord and please plan to tip the servers a minimum of \$15 per person.

This is an adult-only event and invitations are open to both residents and business sponsors of Mukilteo Monthly magazine. This event has limited seating and will be on a first-come, first-serve basis. Please email Lindsay. Rucker@n2pub.com with your RSVP, and she will let you know if you're on our exclusive list!

This will be a fun night out and it will fill up fast!







Seeing as how 54% of those residing in this state were not born here, it's reasonable to presume that many of you may not be aware that Quality Fitness was a part of this city well before many of the changes around town (i.e. the Lighthouse Park renovation, the Rosehill Community Center tear down and rebuild, etc.). We may not be as big or as loud as some other gyms in the area, but we've always remained loyal to Mukilteo and its citizens.

Our staff and gym members make up part of the core of this great city and we believe in our mission to offer "something for everyone" when it comes to fitness and gym services. We practice what we preach and have put our money where our mouth is by relocating in 2018 to a much larger facility outfitted with equipment from yet another Mukilteo business: Sports Art International. Unlike most gyms, we don't bring in outdated equipment brands, use the same old approach to exercise, or fall into fitness fads. We're helping to pioneer the new approach of sustainable fitness, in that nearly all our cardio machines are

part of Sports Art's award-winning ECO-POWR line. This line is currently the only type of fitness equipment that not only helps save energy while you exercise but helps generate it. How would you like to charge your own phone with your own kinetic energy instead of the watts coming from the grid?

Our investment in green energy is just one factor that sets us apart from big-box gyms in the area. We value quality training above fitness fads and trends. To be clear, we're not a CrossFit





and we're certainly not as discriminatory as Planet Fitness (No "Lunk alarm" – you'll have to look that up.). Although those

places have value, we believe in the safe practice of exercise focusing on injury prevention and rehabilitation to further one's progress and improve their quality of life, not just their image. While some of our clients are young and looking for an athletic-based approach to their workout routines, others are older and recovering from torn rotator cuffs, herniated discs, and knee replacements. We're not the type of facility to tell someone to "suck it up" because of an injury. We assess, evaluate, and then offer a training program that allows them to safely meet their goals while enjoying their training.

We offer similar services to other gyms—Open Gym, Group Fitness

Classes, Personal & Group Training--but with a much higher standard of quality. We have a more personable Open Gym where people can work out alongside one another without fear of hostility from other clients. Members feel comfortable asking to work in on an exercise machine because we practice cordiality, and there's a general friendliness here because everyone is in pursuit of a common goal. Many of our clients would say they feel like family here, not just another client. We're not overcrowded, we don't push supplements, we don't have unnecessary fees, and we make a point of knowing every person who walks through our door.

Our Group Fitness Classes are far more intimate and provide much more in-depth instruction. No instructor is yelling at you through a microphone, and there's no having to look around at other people to figure out what you're doing. Each space in a class is reserved ahead of time, so there's no clamoring "to get to a spot first". Our instructors are certified and experienced, and

we have a wide variety of classes catering to everyone's needs and age groups; from Yoga® and Pilates, to faster paced classes such as circuit training and TRX®. We're also one of the only gyms in the state offering Reformer Pilates classes, which gives us a more rehab-based approach for those looking to improve posture and balance. Typically, you'd only see Reformers in a Pilates Studio priced way too high for most people, but we work hard to make the classes available to everyone and to keep them at an affordable rate.

Personal Training is our most sought-after service, and our trainers are far more experienced than those hired fresh out of school. We are very familiar working with and around injuries in order to improve clients' range of motion and injury-free mobility. We motivate clients without making them feel uncomfortable and are realistic and supportive. Before offering instruction, we listen to their goals and aspirations for themselves both mentally and physically. No matter how experienced you are (powerlifter,

collegiate athlete, etc.) or how severe your handicap (MCL tear, paraplegic, etc.), now is the time to get over that wall that's holding you back from reaching your goals and consider using a Personal Trainer to help you.

Don't wait for a major change in life or a wake-up call from your doctor, and don't let a bad experience at one gym ruin what could be a new home gym for you. We understand that setting foot in the gym is one of the hardest things to do. Try setting foot in ours and we promise we'll be there for you.

Quality Fitness Mukilteo, 4201 Russell Road, Ste. 4, Mukilteo, WA 98275, (425) 347-5191.

To learn more, go to www.qualityfitnessmukilteo.com or email them at Info@qualityfitnessmukilteo.com.







PLAY WRITTEN BY: QUI NGUYEN

An Interview with **Bryan Sullivan**, Director & Kamiak Theater Arts Teacher Photos By: Kristin Boudon

"There Are No Small Roles, Only Small Actors," Konstantin Stanislavski.

She Kills Monsters

The Kamiak Drama Club's winter show is almost here! This year's production, She Kills Monsters, is written by Qui Nguyen and directed by Bryan Sullivan. The play is fairly new, especially at the high school level. It debuted in 2011 and has since become a very popular high school production. Qui Nguyen has written a healthy number of plays and his show, Vietgone, has been performed professionally around the country and was recently part of the Oregon Shakespeare Festival's season to critical acclaim.

What's it about?

She Kills Monsters is a comedic romp into the world of fantasy role-playing games. It tells the story of Agnes Evans as she leaves her childhood home in Ohio following the death of her teenage sister, Tilly. When Agnes finds Tilly's Dungeons & Dragons notebook, however, she stumbles into a journey of discovery and action-packed adventure in the imaginary world that was Tilly's refuge. In this high-octane dramatic comedy laden with homicidal fairies, nasty ogres, and '90s pop culture, acclaimed young playwright Qui Nguyen offers a heart-pounding homage to the geek and warrior within us all. This play may not be appropriate for all ages due to some strong language, mild adult content, and simulated violence.

The Cast

There are 29 cast members (84 students auditioned). The seniors in the cast are designated by an * symbol. While there are some main characters, one of the big lessons Sullivan teaches his students is that there are no small roles, only small actors. No matter the role you have in the show, you put in the same amount of work and push yourself to do a good job in that role.

*Dacev D. - Vera

*Erin M. - Agnes

*Paige C. - Tilly

*Lili V. - Kaliope/Kelly

*Joe K. - Steve

*Tyler V. - Miles

*Seth B. - Narrator/Ensemble

Spencer G. - Chuck

Kyus W. - Orcus/Ronnie

Stevie F. - Lilith/Lilly

Darby G. - Evil Cheerleader

*Emma A. - Evil Cheerleader

Kayla M. - Evil Cheerleader

Laini K. - Evil Cheerleader

*Maddie J. - Farrah the Faerie/Ensemble

*Kat M. - Ensemble

*Dante B. - Ensemble

*Martin A. - Ensemble

*Sarah N. - Ensemble

Sophia V. - Ensemble

Sophie F. - Ensemble

Soren S. - Ensemble

Paige S. - Ensemble

Maggie T. - Ensemble

Liam S. - Ensemble

Ethan T. - Ensemble

Grant G. - Ensemble Annika W. - Ensemble

Elyse W. - Ensemble

Tell us about you. I am the Theatre Arts teacher at Kamiak High School. This is my fourth year teaching at Kamiak and my sixth year overall. Before becoming a drama teacher, I was a teaching artist and performer in Seattle, teaching at the Seattle Children's Theatre and Jet City Improv, among others. I value theatre for its positive community and urge my students to not only create excellent work and performances, but to consider the impact they have on the people around them and the audiences they perform for. I am also an Executive Board Member of the Washington State Thespians, the statewide organization that brings theatre departments together for conferences, competitions, and support.

How did you choose this particular production? I spend

between 6 months to a year selecting each of the shows we will do during a given year. I weigh several different considerations when selecting shows. Is this a show that is different enough from other shows we've done recently to give students a well-rounded experience over their four years at Kamiak? Is this a show that is going to resonate with students? With Audiences? With the community? Is it a show that is going to excite the students who may choose to audition, and reach outside of the die-hard group of theatre students?

We were fortunate to have students from the school leadership, athletes, QSA club members and so many other corners of our school come audition for this show. This show may contain some adult language and themes, but in conversations with other Theatre Arts teachers who have done She Kills Monsters. I have overwhelmingly heard that students have really enjoyed working on it and that in rehearing the play, the cast and community have had some important conversations. Plus the kids get to learn some really cool fight choreography.

How do students become part of the drama program and how do they audition? I stress to my students that you are part of the Kamiak Theatre community no matter if you are cast or not, or working on a particular show or not. We offer theatre classes during the day, Theatre Arts 3-4, a Stagecraft class that teaches students skills in Technical Theatre, as well as Improv 1 and 2 classes.

Apart from day classes we have students who participate in extracurricular theatre at Kamiak. We have three major productions each year--a student-written and directed festival in the fall, a winter play, and a spring musical. Smaller performances are scattered throughout the year, including improv shows, class showcases, and a traveling children's show, among others. We







have monthly after-school meetings, and have a chartered troupe as part of the International Thespian Society. Students can compete in an annual acting and technical theatre competition or attend the State Thespian Conference where they can

see performances and work with clinicians from across the state and country.

For Kamiak students interested in doing theatre, they should keep their eyes and ears open for auditions for any of our productions and come to our monthly meeting to be kept in the loop on club activities. The theatre program here does a lot and it can be hard to learn about it all, but we have incredible upperclassmen who have it pretty well figured out and are made available to new students.

Ticket Information for She Kills Monsters

Where: Kamiak Performing Arts Center, 10801 Harbour Pointe Blvd, Mukilteo, WA Dates: January 10th, 11th, 17th & 18th

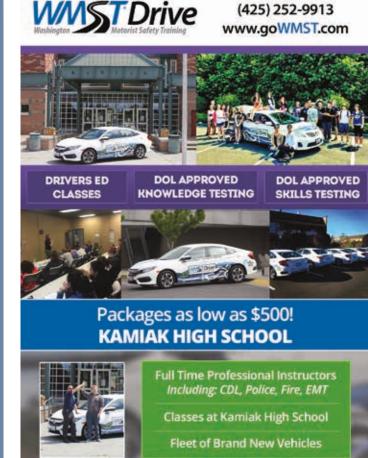
Curtain time: 7:00 p.m. (box office opens at 6:30 p.m. on performance days)

Ticket prices: \$5 for students & seniors; \$10 for adults (tickets sold at door)

Upcoming Kamiak Events Open to the Public

Kamiak presents the Musical *Urinetown on* May 1st, 2nd, 8th, and 9th. Tickets go on sale April 13th and can be purchased through the Kamiak bookkeeper by calling 425-366-5428.







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Instant Pot Macaroni & Cheese

what's cooking in mukilteo

Written By: Michelle Barsness, Resident Recipe Writer

Ready in an instant! A blend of three cheeses gives this macaroni 2. Seal the electric pressure cooker. Set it to high pressure for and cheese a rich, creamy and tangy flavor. Serves 4

Ingredients:

8 oz elbow macaroni (approx. 2 cups)

2 cups chicken broth

2 Tbsp butter, divided

1 cup whole milk, plus 1/4 cup more set aside

1/4 cup heavy cream

1 tsp dried mustard powder

1/4 tsp garlic powder

1/4 tsp ground nutmeg

1/8 tsp ground cayenne pepper

1/4 tsp ground white pepper

1/2 cup grated Parmesan cheese

1 heaping cup sharp cheddar cheese

4 oz Neufchatel cheese

1/4 tsp additional salt, to taste

I. Add elbow macaroni, chicken broth, and I tablespoon of butter into the electric pressure cooker. The macaroni should be just covered by liquid.

- 5 minutes and start.
- 3. Wait for your electric pressure cooker's signal that it is finished. Do a quick release of the steam. Carefully open the pressure cooker.
- Stir the macaroni. Almost all of the liquid should be absorbed by the pasta. Add another 1 tablespoon of butter, 1 cup of milk, and the heavy cream. Next, add in the dried mustard powder, garlic powder, nutmeg, cayenne, and pepper. Set the pressure cooker to sauté function for 7 minutes.
- 5. Stir in the Neufchatel cheese, sharp cheddar cheese, and Parmesan cheese. As the cheese melts, the sauce will thicken. If necessary, add in up to another 1/4 cup milk to desired saucy consistency. Turn off the pressure cooker. You can also add in additional sharp cheddar cheese up to 1/4 cup to help thicken it. It will thicken more as it sits in the electric pressure cooker with the heat off.
- Adjust the seasoning to taste.

Visit pineneedlesinmysalad.com for tips about this recipe and more.



STAY WARM

With A Grand Manhattan!

libation station

Submitted By: Vanessa Pelayo & Kevin Flatto, Red Cork Bistro & Catering

Handcrafted with all local spirits and a little innovation, this drink is sure to please.

Ingredients:

11/2 oz 2 Bars Bourbon 1/2 oz Grandeza Orange Liquor 1/2 oz Sweet Vermouth 1 oz fresh-squeezed orange juice

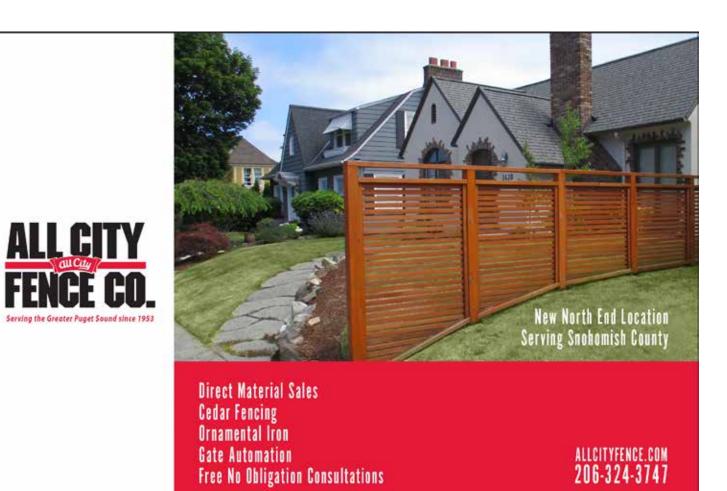
Method:

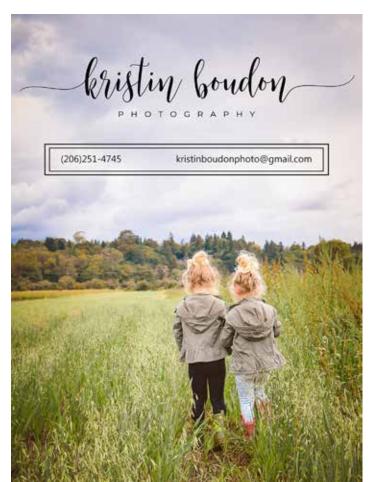
Mix ingredients together and garnish with a homemade candied Grand Marnier-infused orange peel and a Bing Cherry.

Visit redcorkbistro.com for more info on this recipe and all of your catering and dining needs.



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Mukilteo Windermere R Gallery Reception

Opening Their Doors To The Community!

Windermere Mukilteo R Gallery Reception was the "place to be" Thursday evening, November 14th! Featured artists, guests, clients, community members and brokers celebrated the opening of the New Mukilteo Office.

Be sure to stop by to view the R Gallery soon! Artists include Bob Parks - Vintage Aircraft Artist, Francis B. Nelson - Shoreline Scenes in Water Color, Jed Dorsey-Deception Pass from his Radiant Landscapes Collection, and Rick Rickard-Professional Photographer-Beautiful Mukilteo Scenes. Special thanks, too, to our Design Team, Pat Campbell Business Furniture Interiors & Shawn Sullivan Lure Design Solutions, who understood our vision for creating a welcoming space to work in and connect with our community.









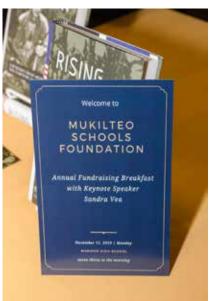
Mukilteo Schools FOUNDATION BREAKFAST

Photos by: **Mary Wastman Photography**Written by: **Ashleigh Cruze**, Executive Director

On Veteran's Day back in November, Mukilteo Schools Foundation successfully hosted their annual breakfast fundraiser at Mariner High School. With nearly 230 people in attendance, they were able to raise \$51,000 to help support Mukilteo School District schools, teachers, and students!

They also announced a new fund called the James Abbott Foster College Fund where they will be able to help cover costs for foster kids at Mariner High School associated with college prep and college attendance.

For more information or to get involved with the foundation please call 425-931-3066 or visit mukilteoschoolsfoundation.org

















































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Address	Sale Price	Sold Date	DOM	Beds	Baths	SqFt	Age
5718 112th Place SW	\$560,000	11/01/19	75	4	2.75	2,350	1987
7316 48th Ave W	\$567,000	10/28/19	6	3	2.25	1,860	1980
10021 63rd Place W	\$570,000	10/31/19	4	4	2.75	2,447	1983
4815 70th St SW	\$600,000	11/18/19	91	5	2.5	2,453	1989
12617 54th Ave W	\$614,000	10/23/19	47	3	2.75	2,511	1990
11945 Concord Wy	\$615,000	10/23/19	7	3	2.5	2,121	2004
4679 Arbors Cir	\$645,000	10/31/19	103	4	2.5	2,512	2009
13231 46th Place W	\$668,000	11/08/19	65	4	2.5	2,659	1994
5730 Chennault Beach Dr	\$683,000	11/14/19	30	4	2.5	2,734	1987
6409 Augusta Ct	\$709,000	10/23/19	46	4	2.5	2,590	2000
5319 80th PI SW (Unit 11)	\$770,000	10/23/19	1	3	3.25	2,044	2019
5325 80th PI SW (Unit 14)	\$775,000	10/28/19	183	3	3.25	2,030	2019
5324 80th PI SW (Unit 10)	\$799,950	10/22/19	0	3	3.25	2,042	2019
12807 57th Place W	\$820,000	11/07/19	88	4	2.25	3,232	1992
12710 60th Ave W	\$825,000	10/25/19	55	3	2.5	2,664	1993
6607 Waterton Cir	\$830,000	11/08/19	34	4	3.5	3,178	2006
9017 Surrey Lane SW	\$835,000	10/21/19	6	5	2.5	2,884	2002
5905 116th Ct SW	\$990,000	10/23/19	37	3	2.75	3,028	1995
9321 61st Ave W	\$1,012,238	11/08/19	4	4	2.5	3,360	1976



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